

# THE INTEGRATION OF ACTIVE NOISE REDUCTION AND BINAURAL TECHNOLOGIES IN THE DESIGN OF COMMUNICATION HEADSETS

Christian Giguère<sup>\*</sup>, Sharon M. Abel<sup>\*\*</sup> and G. Robert Arrabito<sup>\*\*\*</sup>

<sup>\*</sup> Programme d'audiologie et d'orthophonie, Université d'Ottawa, Ottawa (ON), K1N 6N5

<sup>\*\*</sup> The Samuel Lunenfeld Research Institute, Mount Sinai Hospital, Toronto (ON), M5G 1X5

<sup>\*\*\*</sup> Defence and Civil Institute of Environmental Medicine, Toronto (ON), M3M 3B9

## 1.0 INTRODUCTION

This study reviewed the fundamental basis and the technical aspects involved in integrating two relatively new technologies in the design of communication headsets. The first technology, known as active noise reduction (ANR), can improve speech intelligibility by reducing the amount of interfering noise from the environment. The second technology, known as binaural technology, allows the simulation of 3D auditory displays, which can enhance speech intelligibility and situational awareness over monophonic listening. A typical use of such a device would be inside an aircraft cockpit environment [1,2].

## 2.0 ANR TECHNOLOGY

Communication headsets with sound attenuation capabilities are often used in situations where an individual must be in contact with others at a remote location while operating in a noisy environment. The most common design is based on a passive circumaural hearing protective device (HPD) fitted with earphones inside the earcups and a boom microphone in front of the mouth. The reduction in environmental noise depends on the attenuation characteristics of the earcups. Passive circumaural HPDs tend to be most effective above 1000 Hz [3], and often do not provide much more than 10-15 dB of attenuation at low frequencies, even in the best designs and under controlled laboratory conditions.

In situations of intense low-frequency environmental noise, the performance of passive communication headsets can be enhanced using ANR technology. A miniature microphone picks up the noise inside the earcup and produces a phase-inverted copy for sound wave cancellation. The active attenuation achieved in this way is currently limited to frequencies below 500-1000 Hz, where it adds to the passive attenuation provided by the earcup. Maximum active low-frequency attenuation in the order of 10-20 dB has been measured over the passive mode [1,4].

The additional low-frequency reduction in environmental noise achieved with ANR headsets points to improvements in auditory perception for signals transmitted through the communication channels. However, this has not been consistently demonstrated in practice [5]. Firstly, ANR devices often show a negative amount of active attenuation of about 3-6 dB in the region of 1000-3000 Hz [3], which can have adverse effects on auditory perception, particularly speech intelligibility. Secondly, the frequency response of the communication channels and the effect of the ANR circuitry on the speech transmission quality are also important determinants of intelligibility. Table I lists additional factors affecting auditory perception with communication headsets.

## 3.0 BINAURAL HEARING AND TECHNOLOGY

The detection, discrimination and recognition of a signal in the presence of other competing signals and/or interfering noise can sometimes be markedly improved when listening binaurally rather than monaurally. In particular, binaural speech intelligibility in noise has been investigated extensively over the past decades in headphone, sound field and simulated sound-field studies [1,2]. Comparison of binaural listening to monaural listening through the ear with the best S/N ratio showed a constant binaural advantage equivalent to a reduction in speech reception threshold of about 3 dB across a range of experimental conditions [6]. This relatively small decibel advantage could give rise to a substantial speech intelligibility improvement given the very steep slope of the intelligibility function near the 50% intelligibility level, typically 15% per dB for sentence material.

Communication headsets with 3D auditory display capabilities are needed to take full advantage of the binaural system [7]. In addition to improved speech intelligibility in noise, virtual auditory environments and 3D models of the listening space can be created, which can greatly facilitate the monitoring and interpretation of the various acoustic sources of information. The binaural technology procedures [8] necessary to create 3D auditory displays require knowledge of the head-related transfer functions of the listener, and proper equalization of the sound delivery system, typically a set of headphones.

## 4.0 HEADSET DESIGN

Table II lists the principal technical features to consider in the selection of a suitable ANR headset for binaural technology applications. In a prototype system, the binaural signal processing unit should likely be external to the ANR headset itself. This unit would store the head-related transfer functions of the listener and execute all the operations required to transform each acoustic source into left and right ear signals, given the direction of (virtual) sound incidence. These signals would be presented to the listener via the communication channels of the ANR headset. Depending on the application, the binaural unit would also store a more or less complex model of the 3D auditory environment to be created, and execute all angular adaptations related to the head motion of the listener.

ANR communication headsets based on analog electronics have been commercially available for the past 10-15 years. Table III lists the devices surveyed. All devices support stereophonic listening, a pre-condition for binaural technology applications. However, they differ in several other respects such as the amount of attenuation provided, and the method of processing and adjusting the level of the communication signals [1,2]. The most likely candidates are the Peltor, Sennheiser and

TechnoFirst devices. However, many important technical characteristics including the amount of cross-talk attenuation, the earphone linearity, the electronic noise floor and the degree of interaural earphone matching are unspecified by the manufacturers, and would require extensive testing.

Finally, prototype ANR devices based on digital technology have been tested in research laboratories in the past few years [9], and the first commercial digital ANR headsets have been recently introduced. Since binaural technology is also based on digital signal processing, digital ANR headsets could lead to more completely integrated and compact ANR-binaural systems than analog ANR headsets.

[Work conducted under a contract from the Defence and Civil Institute of Environmental Medicine]

## REFERENCES

- [1] Abel, S.M. and Giguère, C. (1997). *A review of the effect of hearing protective devices on auditory perception: The integration of active noise reduction and binaural technologies*. Final Report for Contract No. W7711-6-7316/001 SRV, DCIEM, 50 pp.
- [2] Giguère, C., Abel, S.M. and Arrabito, G.R. (1998). "Binaural technology for application with active noise reduction communication headsets: Design considerations." Submitted to *Acta Acustica*.
- [3] Casali, J.G. and Berger, E.H. (1996). "Technological advancements in hearing protection circa 1995: Active noise reduction, frequency/amplitude-sensitivity, and uniform attenuation." *Am. Ind. Hyg. Assoc. J.* 57, 175-185.
- [4] McKinley, R.L., Steuver, J.W. and Nixon, C.W. (1996). "Estimated reductions in noise-induced hearing loss by application of ANR headsets." In: *Scientific Basis of Noise-Induced Hearing Loss*, Edited by A. Axelsson et al. (Thieme, New York), pp. 347-360.
- [5] Gower, D.W.Jr. and Casali, J.G. (1994). "Speech intelligibility and protective effectiveness of selected active noise reduction and conventional communication headsets." *Human Factors* 36, 350-367.
- [6] Bronkhorst, A.W. and Plomp, R. (1992). "Effect of multiple speechlike maskers on binaural speech recognition in normal and impaired hearing." *J. Acoust. Soc. Am.* 92, 3132-3139.
- [7] McKinley, R.L., Erikson, M.A. and D'Angelo, W.R. (1994). "3-Dimensional auditory displays: development, applications, and performance." *Aviation, Space, and Environmental Medicine*, May, A31-A38.
- [8] Moller, H. (1992). "Fundamentals of binaural hearing." *Appl. Acoust.* 36, 171-218.
- [9] Pan, G.J., Brammer, A.J., Zera, J. and Goubran, R. (1995). "Application of adaptive feed-forward active noise control to a circumaural hearing protector." *Proc. of Active 95* (Newport Beach, CA), 1319-1326.

**Table I:** General factors affecting auditory perception with communication headsets

Task:	Detection Discrimination Word Recognition (Virtual) Sound localization
Listener:	Age Fluency Hearing status
Background:	Quiet or Noisy Type, Spectrum and Level of noise S/N ratio
Device:	Attenuation characteristics Passive or Active Communication channel characteristics

**Table II:** Technical factors affecting the reproduction of virtual audio signals with communication headsets

Listening mode Volume control Cross-talk attenuation Earphone linearity Earphone frequency response Electronic noise floor Coupling to the ear Interaural matching
---

**Table III:** Analog ANR communication headsets surveyed

Peltor ANR Aviation Headset Sennheiser NoiseGard Bose Aviation Headset Bose Aviation Series II David Clark DCNC Headset David Clark H1013X Telex ANR Headset System Telex ANR 4000 TechnoFirst NoiseMaster
--